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## What is Staking in Crypto? Here Are Some Tips to Get Started

Original:

<https://www.btcc.com/en-US/academy/crypto-basics/what-is-staking-in-crypto-here-are-some-tips-to-get-started>

Simply put, staking is a strategy that can even generate passive revenue. You only need to deposit coins in a fixed period of time to earn interest. But what is staking in crypto? how does it work? Where can you do it? In this guide, you will get everything you should know about it.

### Staking in Crypto. Explained

Staking is a way of earning interest on your [cryptocurrency](#) by depositing it for a fixed period of time. Staking works in a similar way to interest accounts with traditional banks.

Traditional banks pay interest because the bank uses your funds for things like loans and other investments. In staking, your cryptocurrency is put to use as well. The term staking refers to the Proof of Stake or "PoS" protocol, in which deposited coins are used to verify transactions on the [blockchain](#).

Verified transactions become new blocks on the blockchain. For cryptocurrencies that support staking, proof of stake is necessary for that process. Whoever participates in successfully creating a new block is rewarded.



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## Advantages of Staking Crypto

- Earn interest on cryptocurrency
- Faster, cheaper deals
- More energy saving

## Disadvantages of Staking Crypto

- May be locked for a fixed period of time
- Risk of being punished by price cutting
- May incur expenses



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## How to Stake in Crypto?

There are two ways to stake, although one requires a lot more work than the other. The first approach involves creating your own node and running it yourself. This requires considerable knowledge and expertise, as well as the currency in which you decide to stake. You must also meet the minimum stake of 32 ETH at the time of writing this report to become a “full verifier”. This can be achieved by joining a staking pool in which gamblers work together to cross the minimum threshold.

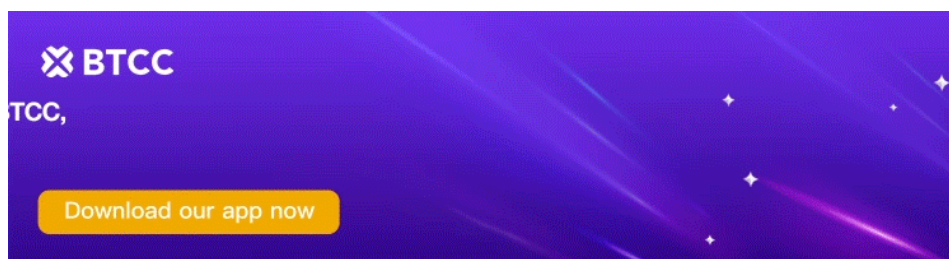
The second (and simplest) method is to buy shares through exchanges or other cryptocurrency platforms. This is as simple as depositing your coins and agreeing to take shares.

## Some Best Place to Stake Crypto

- Binance. Pegging to ETH2 or trying to Defi pegging (higher annual interest rate and higher risk)
- Coinbase. Earn up to 5% with ETH2, Tezos, Cosmos, etc
- Kraken. Off chain and on chain fixed investment will earn you up to 12% of the income

# The Difference Between Crypto Staking and Mining

Both Staking and mining are “consensus mechanisms”. They are used to confirm that the transaction is legal and that no one, for example, tries to spend the same coin multiple times.



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## What is Staking?

On the other hand, staking is much more efficient. It also has the potential to improve transaction speed and reduce costs. The proof of stake does not require the gambler to solve the problem; It only requires them to deposit their coins. Some experts believe that cryptocurrency stakes will eventually make mining obsolete. Mining was initially an option for users to earn Bitcoin at home. At that time, the value of Bitcoin was still very low. With more and more widely used, the threshold of mining has become much higher. Ordinary cryptocurrency investors can still use stakes.

## What is Mining?

Mining is carried out under the Proof of Work protocol, and miners compete to solve the crypto problem.

The people who complete the fastest win the right to verify the latest transaction blocks on the blockchain, as well as a small amount of rewards for the cryptocurrency they have mined.

However, mining requires a lot of computing power and a lot of energy. A lot. According to a report published by Digiconomist in September 2021, the energy consumed by a single Bitcoin exchange is equivalent to the energy used by an ordinary American family in 61.47 days.



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## Conclusion

The staking process has many benefits for both those involved in the cryptocurrency world and those outside.

Stakers can earn interest from the cryptocurrency they hold, which may increase the value of their coins and contribute to a healthy cryptocurrency community.

They can enjoy faster transaction time than the transaction time provided by the work proof cryptocurrency. For those who choose to invest by themselves, the cost of establishing and running a stake node is far lower than the cost you need on Bitcoin mining equipment.

The stake is also staketer for the environment. It can reduce carbon emissions, energy use and e-waste. Considering that the current carbon footprint of Bitcoin is equivalent to that of the whole Oman country, this seems to be a considerable problem. In other words, staking in crypto is profitable, effective. That sounds good, doesn't it? All we need to do is to start.